



Effects of sample rheology on the equilibrium position of particles and cells within a spiral microfluidic channel

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Received: 5 April 2021 / Accepted: 27 July 2021

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Abstract

Elasto-inertial migration in non-Newtonian fluids is a rapidly growing field with tremendous potentials for manipulating micron to submicron particles. Previous research attempts were mainly carried out in straight channels due to the complexity of particle migration, solution tuning, and data analysis in elasto-inertial microfluidics. Consequently, the combined effects of Dean drag force and solution rheology on coupled Dean drag elasto-inertial focusing phenomena have not been carefully analyzed. This study delved thoroughly into the combined effects of solution rheology and Dean drag force on elasto-inertial focusing of particles and cells within a spiral microchannel. Polyethylene oxide (PEO) of 1MDa, 2MDa, and 4MDa molecular weights were used to prepare 250, 500, and 1000 ppm non-Newtonian solutions to investigate the focusing behavior of particles and cells over a wide range of flow rates and solution rheologies. Dean coupled elasto-inertial effects were systematically investigated to demonstrate its potentials for position-adjustable and size-tunable particle and cell focusing phenomenon. Various cells and microbeads with diameters ranging from 1 to 17 μm were employed to carefully study the equilibrium position, focusing band, and migration behavior under different elastic, inertial, and Dean conditions. Following the focusing, cell viability, morphology, and growth rate were evaluated which showed cells remained undamaged from viscosity, shear rate, and chemical properties of PEO solutions. We are of the opinion that the current study can provide scientists with a better understanding of focusing phenomena in viscoelastic fluids within spiral microfluidic channels.

Keywords Elasto-inertial microfluidics · Solutions rheology · Non-Newtonian fluids · Microchannels · Particle focusing

1 Introduction

Inertial microfluidics has received significant interest in the microfluidic community owing to its numerous merits such as enhanced particle control and manipulation, low-cost, and low volume sample (Mihandoust et al. 2020). This technology has been widely used for a variety of biological and biomedical applications, including cell/particle sorting and separation (Warkiani et al. 2015b; Rzhetskiy et al. 2020), particle focusing and filtration (Moloudi et al. 2018; Warkiani et al. 2015a; Raoufi et al. 2019), and sample mixing (Razavi Bazaz et al. 2020a). However, inertial-based approaches have been less effective for focusing of micron/submicron particles (less than $\sim 3 \mu\text{m}$) since the inertial forces are strongly dependent on particle size (Seo et al. 2014a). Recent investigations prove that elasto-inertial focusing is an appropriate alternative to the inertial-based methods due to the presence of an extra elastic lift force (Liu et al. 2016, 2017) and intriguing inherent characteristics

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of non-Newtonian solutions (Raoufi et al. 2020). In elasto-inertial microfluidics, micron to submicron particles can be effortlessly manipulated without the need for any external forces or components. Accordingly, high-resolution particle focusing and separation are simply achievable with low cost and high versatility.

Many industrial products, biological samples (e.g., blood, plasma, and DNA solution), and chemical fluids exhibit non-Newtonian properties. Recently, specific polymers such as polyethylene oxide (PEO), polyvinylpyrrolidone (PVP), polyacrylamide (PAA), and xanthan gum (XG) have been extensively used to prepare non-Newtonian solutions. By mixing these long-chain polymers with Newtonian fluids, the nonlinear behavior of viscosity, either shear thickening or shear thinning, can be stimulated. In non-Newtonian solutions, particles experience first and second normal stress differences that cause a cross-stream migration and secondary flows perpendicular to the main flow, respectively. The second normal stress effects are much smaller than the first normal stress for most non-Newtonian solutions, and the elastic force stems from the first normal stress. Generally, in elasto-inertial focusing, the particle migration is dominated by combined effects of elasticity and inertia, which can culminate in a higher throughput in case of a proper balance between elastic and inertial forces. By balancing the competition among the elastic and inertial forces, an adjustable focusing band can be achieved by changing the solution's rheological properties, which is a desirable demand for numerous microfluidic applications.

The earliest research on solution rheology was conducted by Leshansky et al. (2007). They demonstrated that an ultra-diluted PAA solution could enhance the particle focusing in a shallow straight rectangular channel. Later, Seo and colleagues (2014a, 2014b) explored the effect of shear-thinning fluids on particle migration in a tube and a rectangular channel for PEO (4 MDa) and PVP (360 kDa) solutions. They discovered that aligned particles at the channel center began to disperse by increasing the flow rate due to the decrease in the viscosity caused by the substantial shear-thinning property of the solution. Following this finding, several studies were carried out to explore the effect of rheological parameters (i.e., polymer length, relaxation time, molecular weight, concentration) on the particle focusing (Yang et al. 2011; Xiang et al. 2016a; Ahn et al. 2015; Holzner et al. 2017). Results showed that solutions with shorter polymer length and lower molecular weight can lead to a tighter focusing band (Song et al. 2016). Nonetheless, microfluidic devices used in the abovementioned studies were predominately straight microchannels, chosen for their simplicity in operation, data analysis, and particle manipulation.

Additional Dean drag in curved channels previously showed constructive effects on the particle focusing in elasto-inertial systems (Lee et al. 2013). Among these

channels, the spiral design has shown greater potential for high-throughput particle sorting due to the formation of more uniform and unidirectional Dean drags, and few studies have been carried out to investigate the applications and fundamentals of elasto-inertial focusing in spiral channels (Xiang et al. 2016b, 2018; Kim et al. 2018, 2019; Yuan et al. 2019; Zhou et al. 2020). In 2016, Xiang et al. (2016b) studied the physics of particle focusing in curved channels. They proposed a six-stage process model to explain the particle focusing phenomenon in Dean-coupled elasto-inertial systems. However, they only evaluated the effects of flow rate channel aspect ratio and channel radii on the focusing phenomenon, while in non-Newtonian systems, elasticity plays an undeniable role in lateral migration of particles. Recently, new curved channels with various features and cross-sections have been introduced to increase the efficiency and throughput of particle sorting in non-Newtonian fluids (Raoufi et al. 2020; Tang et al. 2019). Lu et al. (2021) proposed a novel curved microchannel and managed to separate bacteria from blood cells at a flow rate of 102 $\mu\text{l}/\text{min}$. However, the bacteria recovery rate was around 80%, showing the entire system still needs more modification and improvements. Kumar et al. (2021) separated 10 and 15 μm particles at the flow rate of 1 ml/min by tuning the elasticity and inertial effects. In another study, Tang et al. (2021) used an asymmetric serpentine channel to accurately characterize tumor cells and blood cells. In addition to these sheathless devices, lately, very few studies performed on the co-flow elasto-inertial systems in curved channels (Nikdoost and Rezai 2020; Iyengar et al. 2021). Nevertheless, all these efforts mainly evaluated the effects of geometry, flow rates, and blockage ratio on particle migration. Despite the importance of solution rheology on particles and cells focusing behavior, few studies investigate the underlying mechanisms of particles and cells focusing within Dean-coupled elasto-inertial microfluidic devices. Besides, selecting the proper molecular weight and solution concentration for each application is an important factor. Nonetheless, a general decision-making guideline for Dean-coupled elasto-inertial microfluidic systems is not available.

Herein, a comprehensive framework for implementing non-Newtonian solutions to manipulate a wide range of particles and cells is presented. The underlying physics of Dean-coupled elasto-inertial migration was explored entirely within a spiral microfluidic channel. First, the focusing behavior of 3 μm particles was examined. Then, the effects of Dean drag force, PEO molecular weight, and PEO solution concentration on the focusing pattern of 3 μm particles were analyzed. After a comprehensive experimental investigation and careful optimization of the inertial, elastic, and Dean drag forces, the optimum flow rates and solutions rheology in which there was a tight focusing band for 3 μm particles were obtained. These findings were explored over

a wide range of cells, from HeLa to yeast, and extended to 1 μm particles. To show the capability of the presented guideline in clinical studies, HeLa cells were proceeded through the device to investigate the effects of non-Newtonian solutions on cell viability, morphology, and growth rate. Benefiting from the presented framework, particles and cells can be easily driven to the proposed sheathless Dean-flow coupled elasto-inertial device and strongly aligned at different locations of the spiral microchannel (Fig. 1). As shown in Fig. 1B, particles of different sizes are randomly introduced into the system and precisely aligned in some specific locations near the outlet according to the channel size, solution rheology, and flow rate.

2 Materials and method

2.1 Solution preparation

To analyze the effects of rheology on particle migration, 250, 500, and 1000 ppm PEO solutions (Sigma-Aldrich, Australia) with 1, 2, and 4 MDa molecular weights were prepared by adding 0.0125, 0.025, and 0.05 gr of PEO polymers to a 50 ml MACS buffer, respectively. The rotational rheometer cannot measure the relaxation time at these concentrations because of the low value of shear viscosities. Therefore, the empirical relaxation time was

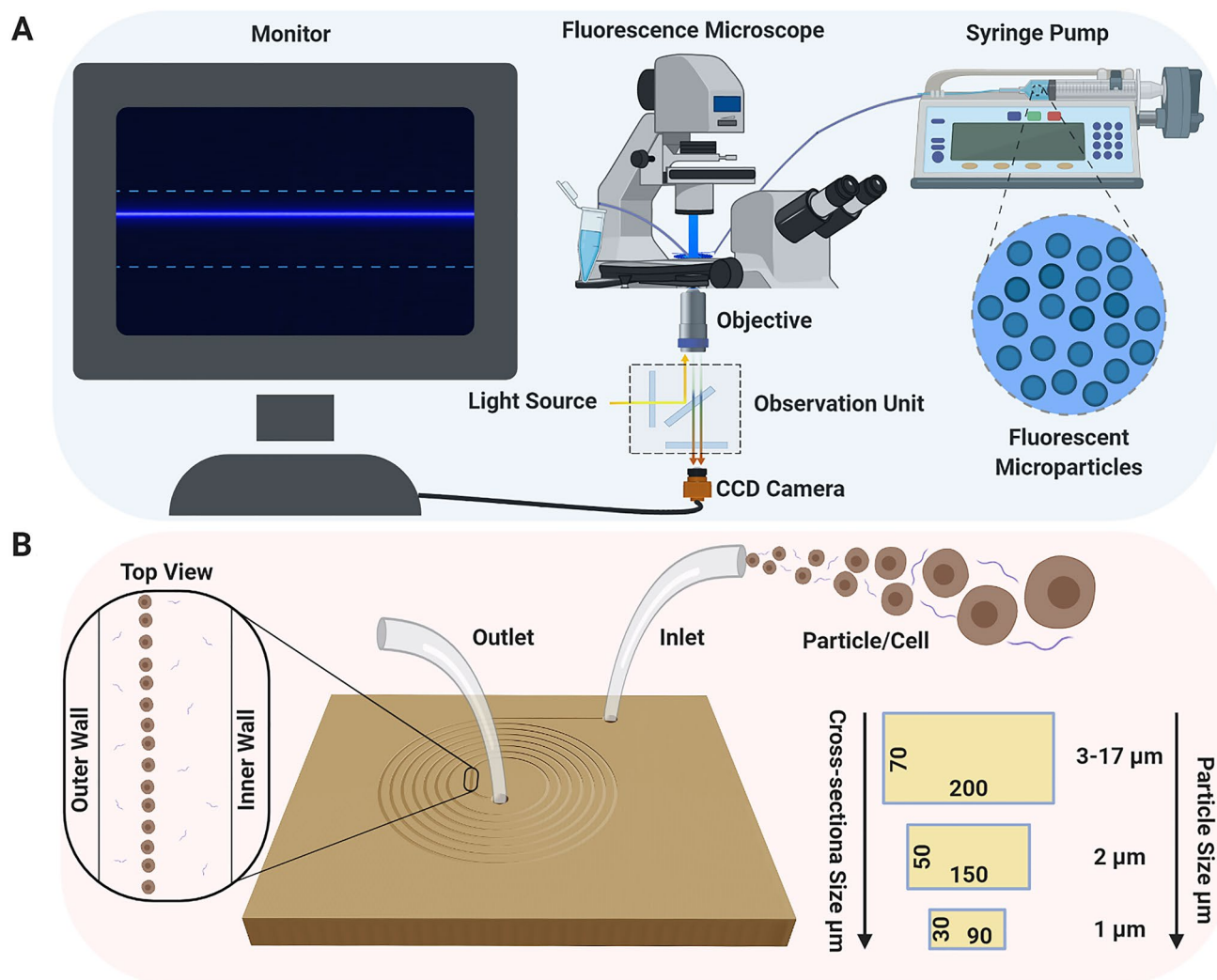


Fig. 1 **A** Schematic of the setup used to run the experiments and visualize the results. The sheathless Dean-flow coupled elasto-inertial system to systematically investigate Dean-couple elasto-inertial microfluidics and demonstrate its capability for position-adjustable and size-tunable particles and cells focusing. Samples were easily loaded into a 5 ml BD plastic syringe and injected into the microchannel using a syringe pump. The plastic tubes were used for the

microchannel inlet and outlet, and the results were captured using a CCD camera. **B** Schematic illustration of cell/particle being focused in the spiral microchannel with depicted cross-sectional dimensions. A rectangular spiral channel with seven loops and different cross-sections (200 $\mu\text{m} \times 70 \mu\text{m}$, 150 $\mu\text{m} \times 50 \mu\text{m}$, and 90 $\mu\text{m} \times 30 \mu\text{m}$) was used to achieve a tight focusing band for different cells and particles at the optimum flow rates and solutions rheology

implemented based on the Zimm theory as follows (Rodd et al. 2005, 2007):

$$\lambda_{\text{Zimm}} = \frac{f[\eta]M_w\eta_s}{RT} \quad (1)$$

Here, f , $[\eta]$, M_w , η_s , R , T are a solvent quality factor, intrinsic viscosity, molecular weight, solvent viscosity, gas constant, and absolute temperature, respectively. The empirical relaxation time is $\lambda_e = 18\lambda_{\text{Zimm}}(c/c^*)^{0.65}$ where c and c^* are the polymer concentration and the overlapping polymer concentration, respectively. For the PEO solutions considered here, the f value is considered to be 0.463 (Rodd et al. 2005; Tirtaatmadja et al. 2006), and T is 295 K. Other properties are provided in Table 1.

Later, 1, 2, and 3 μm fluorescent polystyrene particles (Magsphere-Pasadena, California) were added to the PEO solutions to make 5×10^4 particle/ml concentration. Furthermore, *Saccharomyces cerevisiae* cells (Sigma-Aldrich, Australia), Red Blood Cells, and HeLa cells were added to the optimized PEO solutions (1000 ppm IMDa and 500 ppm 4MDa) to make approximately 3 million cells/ml.

2.2 Experimental setup

The prepared PEO solutions were loaded into a 5 ml BD plastic syringe and injected through the channel by a syringe pump (Chemyx Fusion 200, Chemyx, TX, USA). After connecting the inlet and outlet tubes, the channel was fixed on the stage of an inverted fluorescence microscope (IX73, Olympus, Tokyo, Japan). To visualize the focusing of particles and cells, bright-field and fluorescent images were captured by a high speed (Phantom- VEO 640L) and a CCD camera (DP80, Olympus, Tokyo, Japan), respectively. The microscope objective and the exposure time were set to 10X and 60 μs for bright-field imaging and 10X and 800 ms for fluorescent microscopy. All the analysis and post-processing on the captured photos have been performed by ImageJ software.

2.3 Device structure and fabrication

In this research, a rectangular spiral channel with seven loops was fabricated to investigate the effects of rheology on the particle focusing behavior within a Dean-flow-coupled elasto-inertial microchannel. The spiral channel has an inner diameter of 1.2 cm and a width and height of 200 and 70 μm , respectively. The channel was fabricated via a soft lithography technique on a 3D printed master mold. The spiral mold was first drafted by a commercial CAD drawing software (SolidWorks 2016) and saved as an STL format to make it readable for the digital light processing (DLP) 3D printer (MiiCraft Ultra 50, MiiCraft, Hsinchu, Taiwan). The design mold was then sliced in the Z direction using the MiiCraft software (Version 4.01, MiiCraft) (Razavi Bazaz et al. 2019). The mold was fabricated layer by layer on a picker when the UV light projected from the bottom of the resin bath (filled with BV-007 resin) and passed through a transparent Teflon film. When the spiral mold was printed completely and removed from the picker, it was washed with isopropanol (IPA) multiple times and dried with an air-gun, followed by a post-curing for 5 min using a UV-cure chamber. Then, the mold was soaked into IPA for 4 h to remove the uncured monomers and oligomers on the surface, and again, it was washed and dried. Following this, oxygen plasma treatment (Basic Plasma cleaner PDC-002, Harrick Plasma) was conducted for 6 min, and the surface of the mold was salinized using trichloro (1H, 1H, 2H, 2H-perfluoro-octyl) saline (Sigma-Aldrich, Australia) in a desiccator under vacuum for 6 h to make the PDMS replication process easier (Shrestha et al. 2019). Please check our previous publication for the detailed procedure (Bazaz et al. 2020).

2.4 Elasto-inertial cell sorting

Two different sets of experiments were conducted to evaluate the effects of the non-Newtonian solution on the cell viability, morphology, and growth rate. The aim of the first set of experiments was to investigate the effects of non-Newtonian

Table 1 Composition and properties of PEO solutions obtained at various molecular weights and concentrations

M_w (g/mol)	c (ppm)	$[\eta]$ (ml/g)	c/c^*	η_s (pa.s)	λ_{zimm} (s)	λ_e (s)
1×10^6	250	5.72×10^2	0.15	0.0034	3.7×10^{-4}	1.9×10^{-3}
1×10^6	500	5.72×10^2	0.31	0.0034	3.7×10^{-4}	3.1×10^{-3}
1×10^6	1000	5.72×10^2	0.62	0.0034	3.7×10^{-4}	4.8×10^{-3}
2×10^6	250	8.97×10^2	0.24	0.0034	1.2×10^{-3}	8.5×10^{-3}
2×10^6	500	8.97×10^2	0.48	0.0034	1.2×10^{-3}	0.013
2×10^6	1000	8.97×10^2	0.96	0.0034	1.2×10^{-3}	0.021
4×10^6	250	1.38×10^3	0.26	0.0034	3.59×10^{-3}	0.027
4×10^6	500	1.38×10^3	0.52	0.0034	3.59×10^{-3}	0.042
4×10^6	1000	1.38×10^3	1.04	0.0034	3.59×10^{-3}	0.066

solutions on cell morphology. In the second set of experiments, the viability of the cell was evaluated using flow cytometry technique. In each set of experiments, three different samples were used: the control sample, the 1MDa solution with 1000 ppm PEO solution with 1MDa molecular weight, and 500 ppm PEO solution with 4MDa molecular weight.

2.5 Cell culture

HeLa cell lines were recovered from -80°C freezer, seeded in T-25 flasks with 90% RMPI-1640 media (Invitrogen, Australia) and 10% Fetal Bovine Serum supplementary (Invitrogen, Australia) and cultured for two days. When the cells reached 80–90% confluence, the TrypLE enzyme (Invitrogen, Australia) was used to harvest the cells. Cells were washed by DPBS, and then the DPBS was replaced by 1000 ppm PEO 1MDa, and 500 ppm PEO 4MDa.

2.6 Flow cytometry

The cells proceeded through the device at the flow rates of 50, 125 $\mu\text{L}/\text{min}$ in 1MDa solution, and at the flow rates of 10, 50 $\mu\text{L}/\text{min}$ in 4MDa solution. The cells were collected and centrifuged at 500g for 5 min to replace the non-Newtonian solutions with 200 μL DPBS. Then, 0.4 μL of live and dead staining (Abcam, Australia) was added into each cell group, and the cells were proceeded through Cytoflex LX (Beckman Coulter, U.S.) flow cytometer. The counting was repeated in triplets.

2.7 Growth rate and morphology observation

The control sample was cultured without passing through the device, whereas 1MDa and 4MDa samples were cultured after passing through the device. For the 1MDa and 4MDa groups, the flow rates of 50 and 125 $\mu\text{L}/\text{min}$ (based on the optimum results) were used. Three groups of cells were counted and seeded in a 12-well plate (Corning, Australia) with a low concentration to better observe the growth rate (0.1×10^5). The pictures of the cells were recorded by an inverted fluorescence microscope every 24 h. The area covered by cells was measured using ImageJ. The increase of cell coverage area on the plate was calculated to evaluate the growth rate of cells affected by Non-Newtonian solutions. Three areas for each group were recorded every day.

3 Physics of elasto-inertial focusing in spiral channels

Particle migrations and trajectories in non-Newtonian fluids in spiral microchannels are controlled by three hydrodynamic forces; elastic, net inertial, and Dean drag. Taking

advantage of these forces, spiral devices can precisely focus microparticles at high flow rates. In non-Newtonian solutions, the elastic force (F_E) originating from the asymmetric normal stress differences on the particle surface directs particles towards the lowest shear stress regions (Huang et al. 1997). In these fluids, the first normal stress difference ($N_1 = \tau_{11} - \tau_{22}$) causes a cross-stream migration, while the second normal stress difference ($N_2 = \tau_{22} - \tau_{33}$) tends to create secondary flows perpendicular to the main flow (Bird et al. 1987; Villone et al. 2013), where τ_{11} , τ_{22} and τ_{33} are in the flow, velocity gradient, and vorticity directions, respectively. The net inertial force generally comprised of wall-induced and shear gradient lift forces directing particles towards the channel center and walls, respectively. The Dean drag force resulting from a sharp pressure gradient between the inner and outer wall in curved channels can also affect particle equilibrium position. For a Dean-flow-coupled elasto-inertial system with rectangular cross-section, the elastic, net inertial, and Dean forces can be obtained by the following equations (Xiang et al. 2016b):

$$F_{Elastic} \sim 8a_p^3\lambda\left(\frac{Q}{hw^2}\right)^3 \quad (2)$$

$$F_{Inertial} \sim \frac{1}{4}\rho Q^2 a_p^4 \left(\frac{(w+h)^2}{(hw)^4}\right) \quad (3)$$

$$F_{Drag} \sim \frac{4\rho Q^2 a_p}{R(w+h)^2} \quad (4)$$

where a_p , λ , Q , ρ , h , w , and R are the particle size, the relaxation time of non-Newtonian solution, flow rate, fluid density, channel height, channel width, and channel curvature radius, respectively. Elastic and Dean drag forces can be estimated by non-dimensional numbers to simplify the calculations. The strength of the Dean drag can be expressed by Dean number (De) as follows (Xiang et al. 2016b; Razavi Bazaz et al. 2020b):

$$De = Re\sqrt{D_h/2R} \quad (5)$$

with D_h being the channel hydraulic diameter that for rectangular channels can be expressed as $D_h = 2wh/(w+h)$. According to these equations, decreasing the curvature radius augments the Dean drag. Elastic force (F_E) can also be estimated by introducing the Weissenberg number (Wi) as below (Xiang et al. 2016b):

$$Wi = \lambda\dot{\gamma}_c = \frac{2\lambda Q}{hw^2} \quad (6)$$

with λ being the relaxation time of non-Newtonian fluids, and $\dot{\gamma}_c$ is the characteristic shear rate, which can be defined as $\dot{\gamma}_c = 2Q/hw^2$ for rectangular microchannels.

It is noteworthy that channel dimension, solution rheology, aspect ratio, particle size, and Reynolds number ($Re = \rho v_i a_p / \mu$, v_i is the relative velocity of the fluid to particle) are the foremost factors controlling the particle migration in the elasto-inertial microfluidic devices. Moreover, the particle diameter (a_p) and flow rate noticeably affect the elastic, inertial, and drag forces due to the strong interrelation between them. Consequently, particles with different sizes are assumed to migrate with different lateral velocities, making spiral channels suitable for size-dependent separation.

To illustrate the focusing phenomenon and underlying physics in a Dean-flow-coupled elasto-inertial spiral microchannel, Fig. 2A compares the focusing pattern of 3 μm particles in a Newtonian and highly diluted non-Newtonian solution (1 MDa PEO with 250 ppm concentration). Then, Fig. 2B and C demonstrate the focusing behaviors in different PEO solutions (1, 2, and 4 MDa molecular weight with 250 ppm concentration) through the channel to explain the combined effects of Dean and solution rheology. According to Fig. 2A, in the Newtonian solution, particles are scattered for all tested flow rates while migrating slightly towards the inner wall for $Q > 100 \mu\text{l/min}$. This occurs because the pure inertial force at this blockage ratio ($ap/DH \approx 0.03$) is insufficient to sort 3 μm particles. Nevertheless, by increasing the flow rate, more than 100 $\mu\text{l/min}$, Dean flows form and direct particles towards the inner wall where inertial and Dean drag forces can weakly balance each other. By increasing the flow rate to 200 $\mu\text{l/min}$, Dean drag force dominates the opposing inertial force, resulting in the dispersion of particles. However, focusing patterns in 1 MDa PEO solution demonstrate that even weak viscoelasticity can noticeably alter the focusing position. As demonstrated in Fig. 2A, particles start to migrate towards the outer wall even at a low flow rate of 10 $\mu\text{l/min}$. Additionally, by exceeding 100 $\mu\text{l/min}$, the focusing band shifts towards the channel center due to the augmentation of the inertial force and starts to disperse when approaching 200 $\mu\text{l/min}$. To elucidate the focusing patterns within the Dean-flow coupled elasto-inertial system, the cross-section of the spiral channel is divided into three regions, which determine the force balance (Fig. 2C). As shown in the region (I), wall-adjacent particles first move outwards due to the elastic and inertial forces and then are dragged towards the center and outer wall by Dean drag force. Since all forces in this region act unidirectionally, there was no stable focusing position near the inner wall. On the other hand, in region (II), Dean drag force and shear gradient lift force can balance the opposing elastic and wall-induced lift forces, causing particles to focus near the outer wall. Unfocused particles return to the inner wall from

sidewall (regions (III)), where Dean drag is perpendicular to elastic and inertial forces, which impede particle focusing.

Achieving a tight focusing band at high throughputs requires accurate control of elasticity, inertia, and Dean effects. Furthermore, the shear-thinning effect in non-Newtonian solutions plays a dominant role in dispersing particles and needs to be precisely controlled since the shear-thinning property can cause pre-aligned particles to disperse (Liu et al. 2015; Ahn et al. 2015). Due to the complexity of particle focusing behavior in non-Newtonian microfluidic devices and combined effects of shear-thinning and Dean effects on focusing, these parameters will be experimentally investigated in the following sections.

4 Viscoelastic fluids in spiral inertial microfluidics

4.1 Dean flow effects

In spiral microchannels, Dean drag force contributes significantly to particle migration at moderate flow rates. Figure 2B depicts particle trajectories captured at a specific position in each loop of the spiral channel. PEO solutions with different molecular weights, but same concentration (500 ppm), was utilized to investigate how Dean drag can be tuned by viscoelasticity. Notably, for the 1MDa solution at a flow rate of $Q = 100 \mu\text{l/min}$, particles gradually move towards the channel outer wall due to the synergetic effects of elasticity and Dean drag effects. However, this condition is not optimal for achieving a tight focusing band, as the opposing inertial force dominates the Dean force, causing particles to remain dispersed at the central region of the channel. It should be noted that the Dean force becomes stronger along the channel length due to the continual decrease in the radius of the channel curvature. According to Eq. 5, the Dean number ratio between loop 7 and 1 ($De_{7th}/De_{1th} = \sqrt{R_{1th}/R_{7th}}$) is 1.22 indicating an increase in the Dean drag force throughout the channel length where this growth tightens the focusing band near the outer wall.

Moreover, under the same flow rate, increasing the molecular weight modifies the Dean drag and inertial effects. For example, increasing the molecular weight from 1MDa to 2 and 4 MDa enhances the particle focusing near the outer wall. This improvement can be attributed to the surge of the elastic force arising from an increase in the molecular weight or polymer length, which would intensify the relaxation time; consequently, increase the Wi ($wi \propto \lambda_d$) number. Further, as mentioned earlier, the Dean drag force gradually increases throughout the channel length, causing the focusing band to become steadily tighter in the last loop. Nevertheless, there always remain some unfocused particles

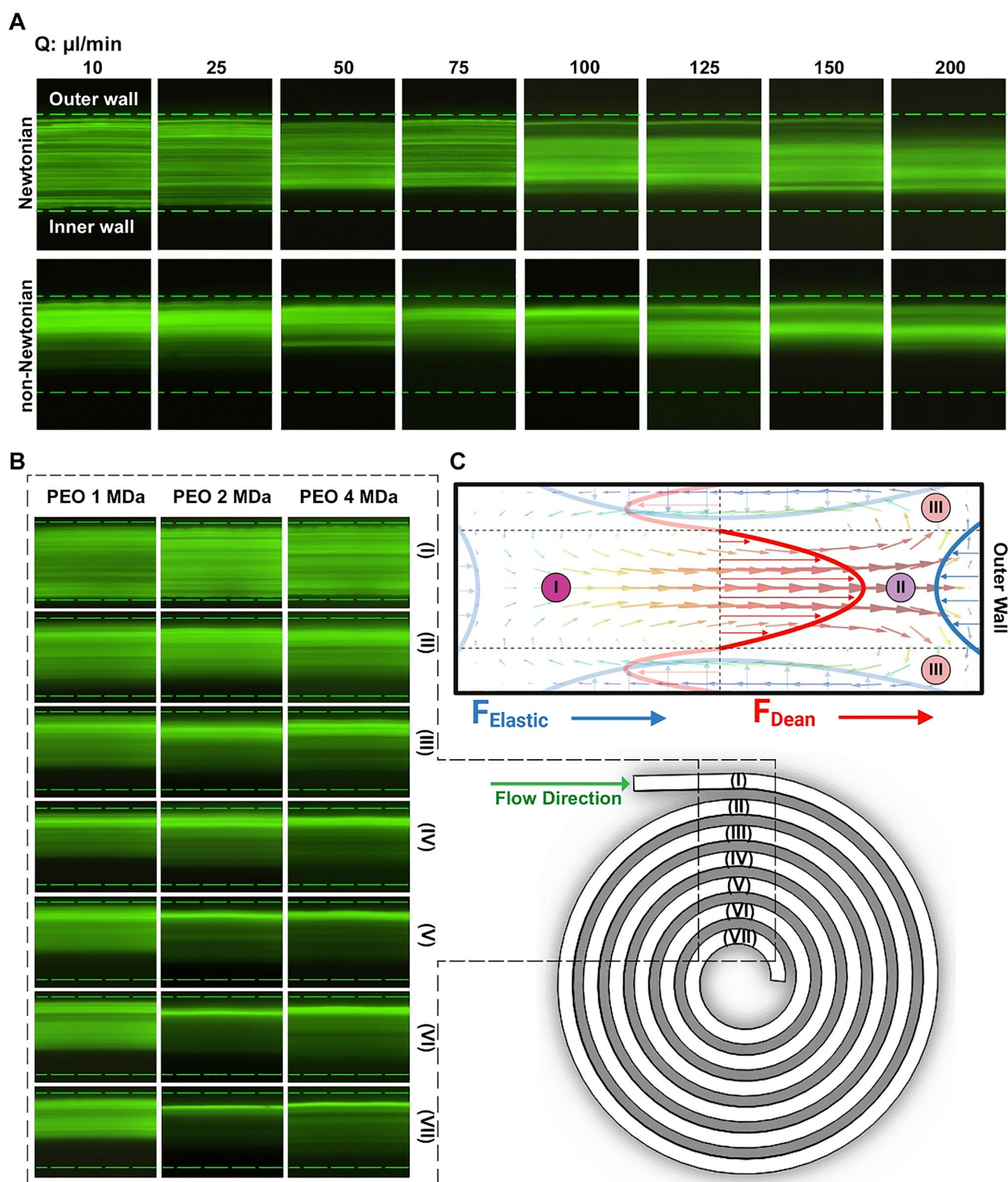


Fig. 2 **A** Focusing positions of 3 μm particles in Newtonian (MACS Buffer) and non-Newtonian (1 MDa PEO with 250 ppm concentration) solutions within a Dean-flow-coupled elasto-inertial spiral microchannel. Top view illustrates the focusing positions at the channel outlet over a wide range of flow rates. **B** Particle trajectories at specific positions throughout the length of spiral channel in each loop for 500 ppm PEO solutions with different molecular weights (1, 2, and 4 MDa) at a flow rate of 100 $\mu\text{l}/\text{min}$. **C** Schematic of the

forces applied on particles in a Dean-coupled elasto-inertial microfluidic channel. The cross-section of the spiral channel is divided into three regions; the region (I) in which all forces act unidirectionally, the region (II) where the Dean drag force and shear gradient lift force can balance the opposing elastic and wall-induced lift forces, and the regions (III) in which the Dean drag force is perpendicular to elastic and inertial forces

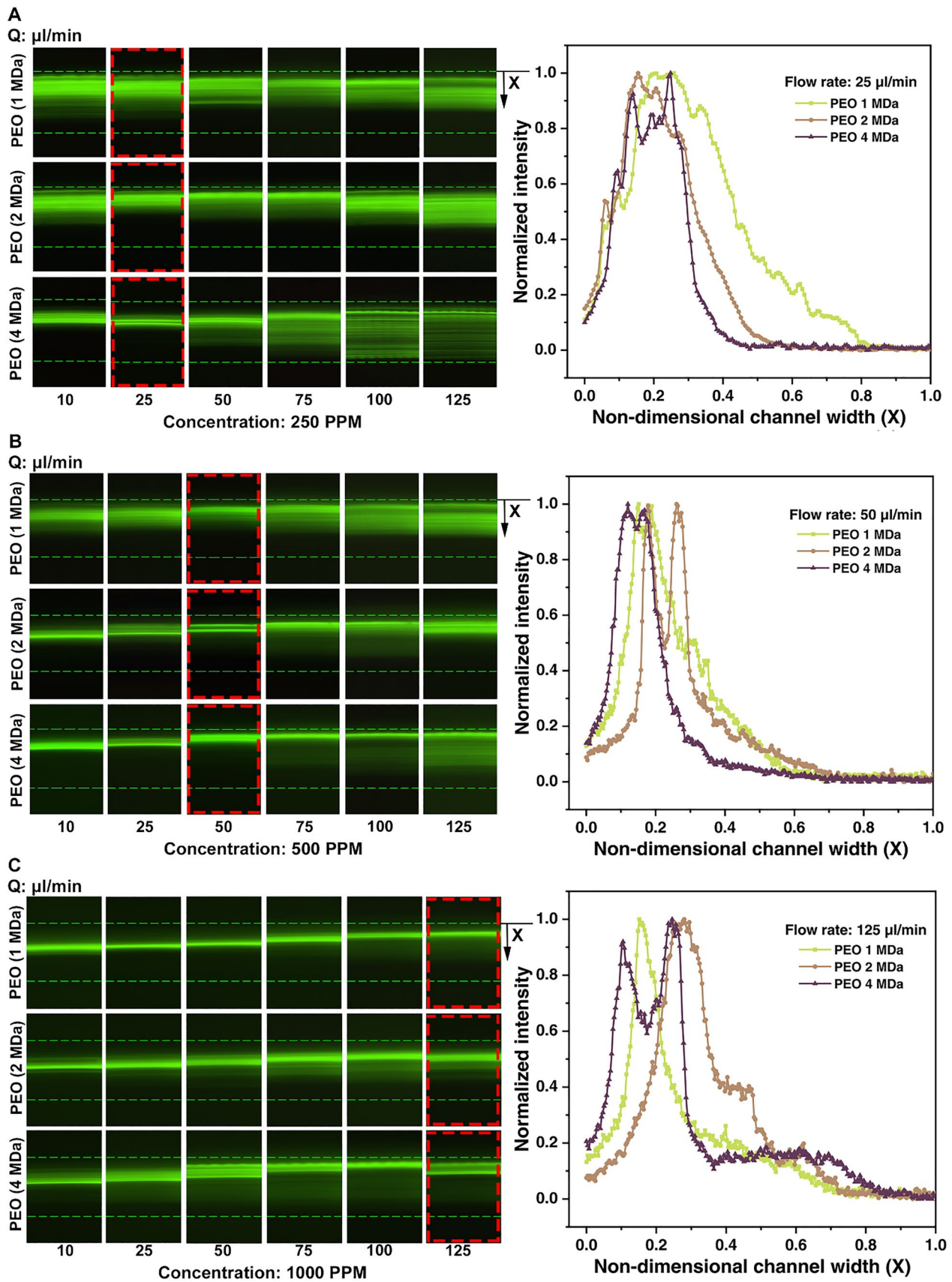


Fig. 3 Focusing bands of 3 μm particles over a wide range of flow rates for PEO solutions with 1, 2, and 4 MDa molecular weights at **A** 250 ppm concentration with the normalized intensity profiles at the optimum flow rate of 25 $\mu\text{l}/\text{min}$, **B** 500 ppm concentration with the normalized intensity profiles at the optimum flow rate of 10 $\mu\text{l}/\text{min}$, and **C** 1000 ppm concentration with the normalized intensity profiles at the optimum flow rate of 125 $\mu\text{l}/\text{min}$

in the channel, which are more evident in 4 MDa solution. This issue is rooted in the fact that increasing the molecular weight intensifies the shear-thinning property and flow instabilities that cause some particles to remain dispersed, especially at high flow rates ($> 100 \mu\text{l}/\text{min}$).

4.2 Rheology effects

In clinical applications, flow rate and geometry are usually restricted to a predefined range because of the nature of the research and inherent device fabrication restrictions. Accordingly, solution rheology can be instrumental in precisely control the particle trajectory and boost the device performance. Here, the molecular weight and solution concentration are studied as the supreme rheological parameters associated with the particle migration in a non-Newtonian solution.

4.2.1 Molecular weight

To systematically evaluate the effects of molecular weight on the particle equilibrium position, focusing of 3 μm particles in 1, 2, and 4 MDa PEO solutions were tested over a wide range of flow rates. Figure 3 represents the focusing bands of the particles close to the channel outlet at 250, 500, and 1000 ppm concentrations, and the normalized intensity profiles at the optimum flow rate belonging to each concentration (25, 50, and 125 $\mu\text{l}/\text{min}$ for 250, 500, and 1000 ppm, respectively). As Fig. 3A illustrates, for 250 ppm concentration, while a 1 MDa solution is unable to focus particles effectively due to the low elastic force ($Wi \approx 3$), 2 and 4 MDa solutions have tighter focusing bands at 25 $\mu\text{l}/\text{min}$. As stated in Table 1, the elastic force in 2 and 4 MDa solutions is much higher compared to the 1 MDa solution ($Wi_{2MDa}/Wi_{1MDa} \approx 5$ and $Wi_{4MDa}/Wi_{1MDa} \approx 14$ at 250 ppm concentration). Strong elasticity in 4 MDa solution results in a focusing position near the outer wall even at a low flow rate of 25 $\mu\text{l}/\text{min}$, where both Dean and inertia are negligible. With a further increase in the flow rate, the inertial force becomes more robust and pushes the particle focusing bands back towards the middle of the channel. This lateral migration is accompanied by particle dispersion for 4 MDa solution on account of the strong shear-thinning effects. The shear-thinning property modifies particle movement in two ways: increasing the inertial force due to the flow rate growth and decreasing the elastic force by reducing shear

viscosity (Liu et al. 2015). It should be noted that the shear-thinning property has negligible effects when the elasticity or inertia are weak but becomes more effective as they grow (Huang and Joseph 2000). Consequently, for 4MDa solution at 75 $\mu\text{l}/\text{min}$ flow rate, while Dean force and elasticity tend to focus particles near the outer wall, shear-thinning effects and inertial force precipitates particles to disperse and migrate towards the center. Figure 3A also draws a comparison between the focusing bandwidth (W_B) of the 1, 2, and 4 MDa solutions at the corresponding concentration (250 ppm) and optimum flow rate (25 $\mu\text{l}/\text{min}$). It can be deduced that, at the 250 ppm concentration, 1MDa solution is weak and tight focusing cannot be accomplished since the Wi_{1MDa}/wi_{4MDa} is almost 2.5.

4.2.2 Solution concentration

Elasticity can be controlled by adjusting either the concentration or polymer molecular weight. Since the effects of molecular weight were evaluated in the previous section “Molecular weight”, this section will elaborate on the effects of concentration on the elasticity by analyzing 500 and 1000 ppm solutions. As can be seen in Fig. 3B, by increasing the concentration to 500 ppm, the particle focusing for all molecular weights and flow rates is strengthened, showing that the elastic force regulates the lateral migration of particles with greater effectiveness. However, in 1 MDa solution, a tight focusing not occurred due to the insufficient elastic force ($Wi_{\text{avg}} \approx 5$). Whereas, in 4 MDa solution, particles start to focus tightly even at a low flow rate of 10 $\mu\text{l}/\text{min}$ ($Wi \approx 10$). Apparently, by increasing the flow rate, Dean drag intensifies ($De_{Q=50}/De_{Q=10} = 5$) and gently shifts the focusing band towards the outer wall in 2 and 4 MDa solutions. Focusing bands in 2 and 4 MDa solutions remain fixed till the flow rate of 50 $\mu\text{l}/\text{min}$, and start to disperse by exceeding this flow rate due to the opposing inertial and shear-thinning effects. Normalized intensity profiles along the channel width clearly express the focusing efficiency of 4 MDa solution at the flow rate of 50 $\mu\text{l}/\text{min}$. As shown in Fig. 3B, $Wi_{1MDa}/Wi_{4MDa} \approx 5$ and $Wi_{2MDa}/Wi_{4MDa} \approx 5$ are close to 2 and 1, respectively. This shows the capability of 4 MDa solution for particle sorting at very low flow rates.

Figure 3C illustrates that the particle focusing at 1000 ppm concentration is significantly improved for the 1 MDa solution, while it deteriorates the performance of 2 and 4 MDa solutions because of the strong shear-thinning effects and flow instabilities. Tight focusing in the 1 MDa solution begins at $Q = 10 \mu\text{l}/\text{min}$ and continues until 125 $\mu\text{l}/\text{min}$, with shifting towards the outer wall due to the reduction in Dean drag force. Additionally, a tight focusing at this high flow rate indicates the shear-thinning effects are negligible in the 1 MDa solution. A weak focusing in 2 and 4 MDa solutions also unfolds that shear-thinning and flow instabilities

dampen the effectiveness of elastic and inertial forces. The tightest focusing bands for 2 and 4 MDa solutions in spiral channels were found at 500 ppm concentration. Although increasing the molecular weight and concentration intensifies the elasticity and shear-thinning effects, concentration has less influence on the shear-thinning property.

4.3 Extending our understanding to demonstrate position-adjustable and size-tunable particles and cells focusing

Rapid and precise manipulation of cells and particles is a demanding but indispensable task for a wide variety of applications, ranging from clinical research to biological studies. Following a systematic examination of the effects of molecular weight and concentration on the particle migration in previous sections, the optimum conditions for achieving a tight focusing band were obtained (250 ppm 1 MDa solution at flow rates of 50 and 125 $\mu\text{L}/\text{min}$, and 500 ppm 4 MDa solution at flow rates of 10 and 50 $\mu\text{L}/\text{min}$). Benefiting from the optimum conditions, we expand our knowledge by investigating the focusing position of different cells and particles of different sizes, including *Saccharomyces cerevisiae* (yeast) cells ($\sim 3\ \mu\text{m}$), red blood cells ($\sim 6\ \mu\text{m}$), and HeLa cells ($\sim 17\ \mu\text{m}$) to indicate the capability of the tuned elasto-inertial devices for cell sorting over a wide range of flow rates. Afterwards, we tried to provide a general framework for using the non-Newtonian solutions with proper concentration considering the particle and cell size. In the rectangular ($200\ \mu\text{m} \times 70\ \mu\text{m}$) spiral microchannel, the cells are injected and closely focused due to the synergetic effects of elasticity, inertia, and Dean forces. Figure 4 A indicates focused cells at the channel outlet under different rheological and flow conditions. Straightforwardly, cells are well focused at low and high flow rates of 10 and 125 $\mu\text{L}/\text{min}$ for 4 and 1 MDa solutions, respectively. For 1 MDa solution, cells were precisely focused at the channel outer half region at 50 $\mu\text{L}/\text{min}$ flow rate and shift towards the outer wall when the flow rate is reaching 125 $\mu\text{L}/\text{min}$. Moreover, cells in 4 MDa solution focus tightly at a flow rate of 10 $\mu\text{L}/\text{min}$, showing the possibility of high-molecular-weight PEO solutions for low-velocity applications. Likewise, tight focusing close to the outer wall makes the device suitable for cell separation and purification at low flow rates. The presented microfluidic device can also focus bigger cells ($> 17\ \mu\text{m}$) benefiting from the optimum flow rates and solutions rheology. Furthermore, by adjusting the channel size to the width and height of $150 \times 50\ \mu\text{m}$ and $90 \times 30\ \mu\text{m}$, while $2\ \mu\text{m}$ particles focused effectively in the middle of the channel, $1\ \mu\text{m}$ particles remained slightly defocused at their optimum flow rate and solution rheology. The results clearly insist on the importance of tuning the elasticity, inertia, and Dean forces in a spiral microchannel to achieve a tight band focusing on

cell/particles of different size. To conclude, PEO solutions with high molecular weight and low concentration are appropriate for those applications which require particle focusing at low flow rates; while the strong shear-thinning effects should be considered. Furthermore, low molecular weight and highly concentrated solutions are potential options for high-throughput applications.

After proceeding the cells through the device in PEO solution, we characterize the cells with flow cytometer and culture them on 12 well plate to observe cell growth. Figure 5A indicates the flow cytometry and cell viability results for different experiment group after passing through the channels in the PEO solution. Cells suspended in the 1MDa PEO solution have indistinguishable viability compared to the control group, which was cells suspended in DPBS without proceeding through the device. Changing of flow rate has a negligible impact on the viability (Fig. 5A). However, the cells suspended in 4MDa PEO solution have a dramatic decline in viability. This decline may be caused by the higher stress affecting the cells due to the higher elastic force in this solution. Figure 5B shows the area covered by reseeded cells in the 12 well plate over time. The results suggest that the proliferation rate of the cells suspended in 1MDa PEO solution is not affected. The cells are not damaged by either the shear rate or the chemical properties of Non-Newtonian solutions. Although 4MDa group has a lower cell coverage area compared to the other two groups, the slope of the cell coverage increased overtime and got close to other groups in the last day, showing a recovering growth rate after a few days. In other words, the impact on growth rate is reversible and the cells recovered within one passage. The cells were cultured up to 3 days after the experiment. The indistinguishable cell morphology in the experimental groups and the control group (Fig. 5C), showed that the cells retained their normal phenotype and metabolism.

5 Conclusion

In this study, focusing of various cells and particles through a spiral channel under different rheological conditions was explored over a wide range of flow rates to examine the fundamental of focusing behavior in a Dean-coupled elasto-inertial microchannel. Furthermore, the effects of molecular weight and solution concentration on the focusing phenomenon were investigated thoroughly. For the first time, cells/particles of different sizes ($\geq 2\ \mu\text{m}$) were sharply focused at a high flow rate of 125 $\mu\text{L}/\text{min}$, confirming the suitability of Dean-coupled elasto-inertial microchannels for manipulation of particles and cells of different sizes. Results indicated that cell/particle could be strictly focused at very low (10 $\mu\text{L}/\text{min}$) and high flow rate (125 $\mu\text{L}/\text{min}$) by accurately tuning the elasticity,

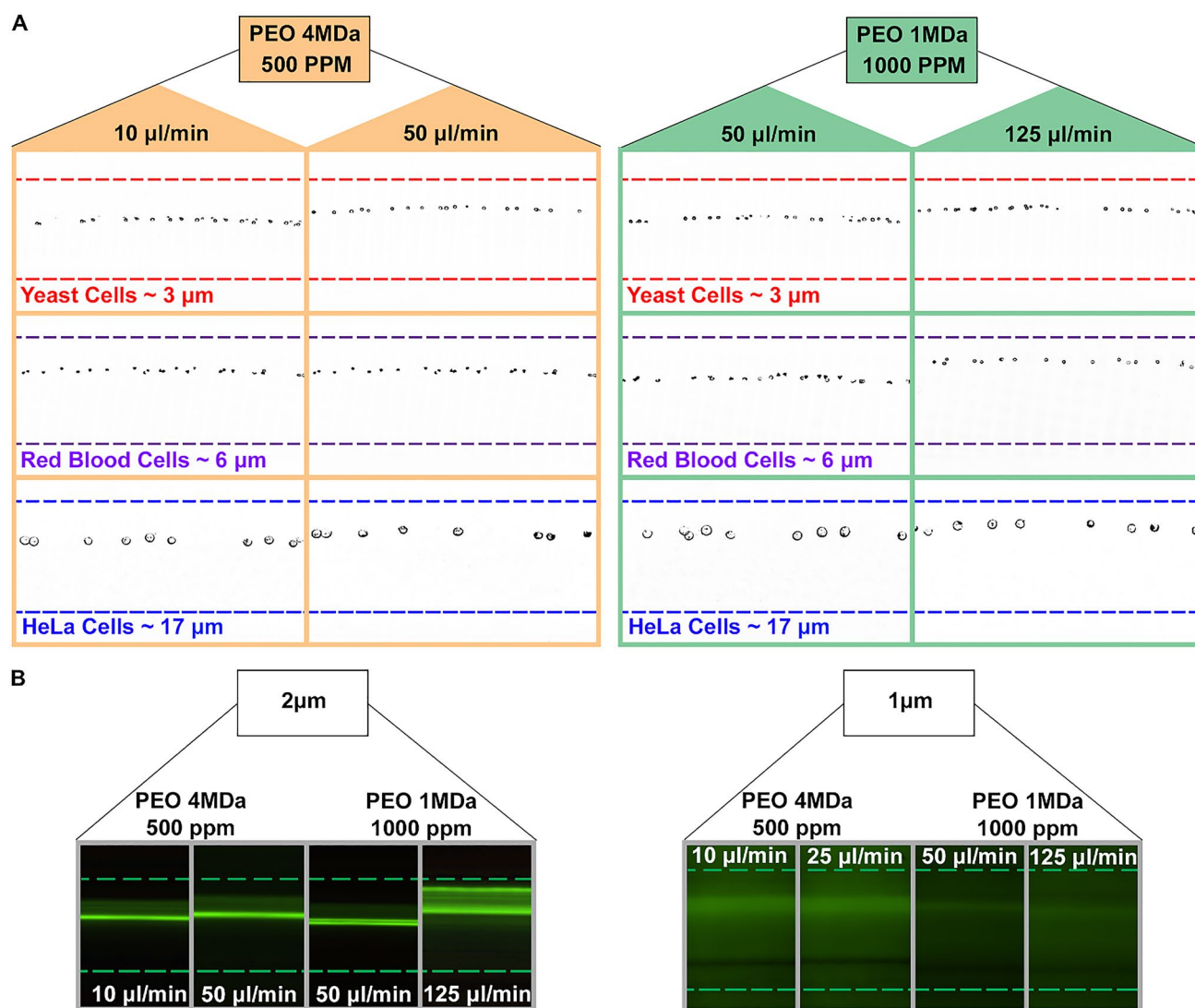


Fig. 4 **A** Tight focusing of the yeast, RBC, and HeLa cells under optimum rheological and flow conditions (flow rates of 10 and 50 $\mu\text{l/min}$ for the 500 ppm PEO 4MDa, and flow rates of 50 and 125 $\mu\text{l/min}$ for the 1000 ppm PEO 1MDa). Cells tend to focus near the outer wall at high flow rates while shift towards the central region at low and mod-

erate flow rates. **B** Tight focusing of the 1 and 2 μm particles under optimum rheological and flow conditions (flow rates of 10 and 50 $\mu\text{l/min}$ for the 500 ppm PEO 4MDa, and flow rates of 50 and 125 $\mu\text{l/min}$ for the 1000 ppm PEO 1MDa)

inertia, and Dean forces. As presented, elasticity was intensified by increasing either solution concentration or polymer molecular weight, and the shear-thinning property strengthened negatively by increasing the elasticity. Obtaining the optimum condition in which the elastic force dominates the opposing shear-thinning effects is of utmost importance. Our results revealed that the concentration of solutions has an insignificant effect on the shear-thinning property compared with the molecular weight. It can be concluded that for applications requiring particle sorting at

low flow rates, PEO solutions with high molecular weight and low concentration are entirely satisfactory; yet their usage at high flow rates is hampered by strong shear-thinning effects. However, for high-throughput applications, low molecular weight and highly concentrated solutions are highly appropriate. Finally, the aim was to shed light on the fundamentals of particle migration in Dean-flow-coupled elasto-inertial devices and document the effects of solution rheology on focusing phenomena of particles.

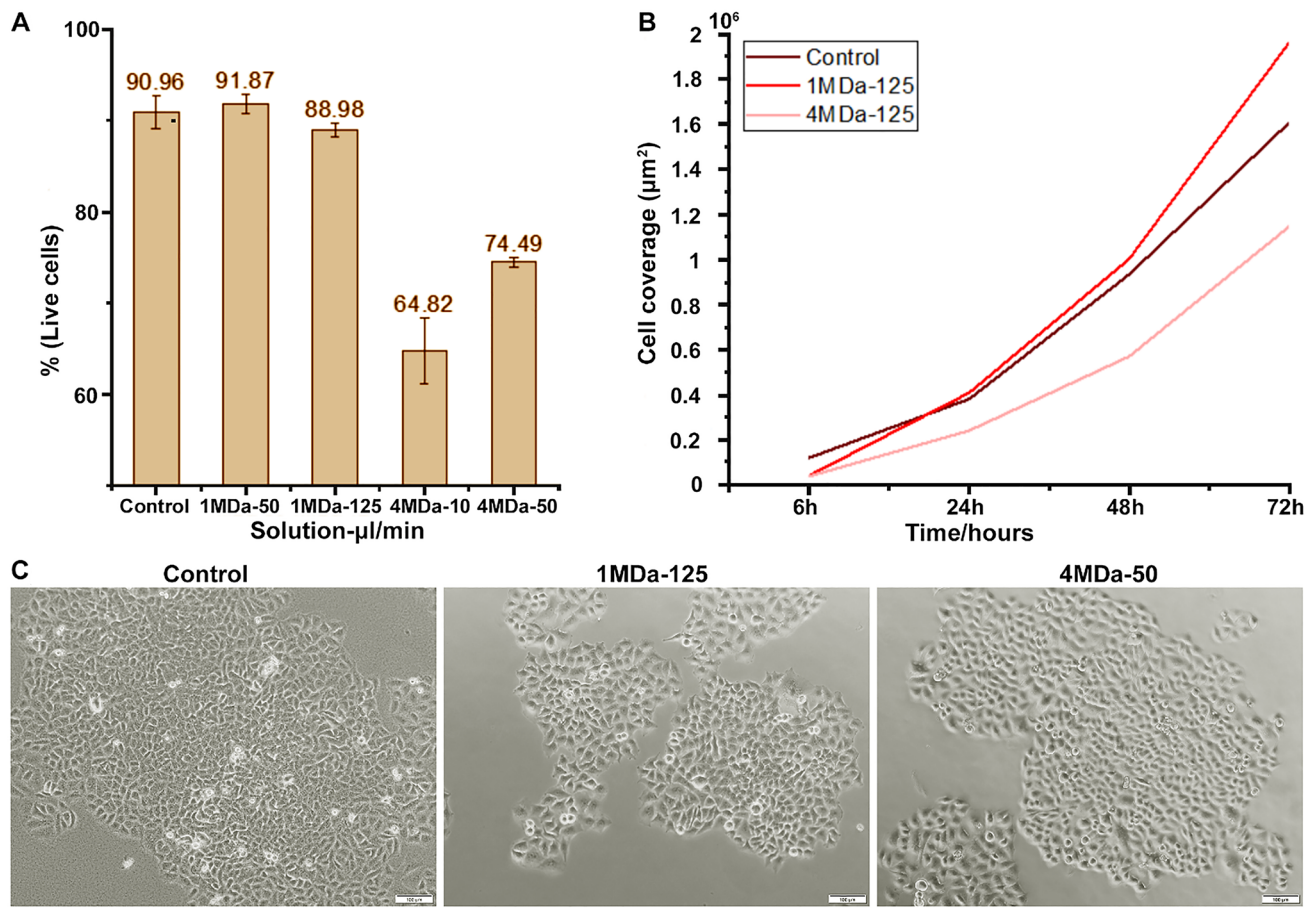


Fig. 5 **A** cell viability under optimum rheological and flow rate conditions (10 and 50 $\mu\text{l}/\text{min}$ for the 500 ppm PEO 4MDa, and 50 and 125 $\mu\text{l}/\text{min}$ for the 1000 ppm PEO 1MDa). **B** Growth rate of the cells for the control sample, 1MDa sample and 4MDa sample (the control sample was cultured without passing through the device, whereas 1MDa and 4MDa samples were cultured after passing at the flow rates of 50 and 125 $\mu\text{l}/\text{min}$). Three samples were counted and seeded in a 12-well plate, and the pictures of the cells were recorded every

24 h. The area covered by cells was measured by ImageJ to evaluate the growth rate of cells. **C** Cells morphology for the control sample, 1MDa sample and 4MDa sample (the control sample was cultured without passing through the device, whereas 1MDa and 4MDa samples were cultured after passing at the flow rates of 50 and 125 $\mu\text{l}/\text{min}$). The cells were cultured up to 3 days after the experiment, and the cell morphologies are depicted

Acknowledgements M.E.W. would like to acknowledge the support of the Australian Research Council through Discovery Project Grants (DP170103704 and DP180103003) and the National Health and Medical Research Council through the Career Development Fellowship (APP1143377).

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